

WEEK 1

15th April 6th May
3rd 24th June

MENU

Eat the
Rainbow

Monday

Tuesday

Wednesday

Thursday

Friday

Mains
HAPPY TUMS

Beef Bolognese
(G)

Katsu Chicken
(G,E,So)

Roasted Turkey
Sage and Onion
Stuffing
(G)

Chicken Burger
In Brioche Bun
(G,E,Mk)

Fish Fingers (G,F)

Veggie
MEAT FREE

Veg & Minced Quorn
Bolognese
(G,E)

Sweet Potato Katsu
(G,Su,Mk,E)

Creamy Vegetable and
Butternut Squash Pie
with a Shortcrust Top
(G,Mk)

Home made
Vegetable Burger
In Broiche Bun
(G,E,Mk)

Spring Onion Cheddar
and Tomato Quiche
(G,Se,Mk,E)

veg
EXTRA GOOD

Steamed Broccoli

Chefs Mixed Salad

Carrots

Chefs Mixed Salad

Peas

Garden Peas

Sweetcorn

Green Beans

Sweetcorn

Baked Beans

Carbs
FUEL FOOD

Spaghetti
(G)

Rice

Roasted Potatoes

Potato Wedges

Baked Oven Chips

Dessert
SOMETHING SWEET

Banana Bread*
(G,Su,So,Mk,E)

Chocolate Brownie
with Chocolate Sauce
(G,So,Mk,E)

Eves Pudding
(G,Mk,E)

Frosted Ginger Cake
(G,E,Mk)

White Chocolate Chip
and Raspberry Cookie
(G E Mk So)

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

Orange
APRIL
24th - St George's Day

Yellow
MAY
15th - Vegetarian Week

Green
JUNE
26th - Wimbledon

Purple
JULY
4th - Independence Day

ALLERGENS

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide



WEEK 2

22nd April 13th May
10th June 1st July

MENU

Eat the
Rainbow

Monday

Tuesday

Wednesday

Thursday

Friday

Mains
HAPPY TUMS

Chicken Balti with
Mango Chutney and
Naan (G)

Pork and Sausage
Meat Wellington
(G,So,Mk,E)

Jacket Potato Day
Ham
Tuna Mayo (F E Mu)
Chicken

**Meatballs with Penne
Pasta in a Tomato
Sause
(G,Mk)**

Fish Fingers (G,F)

Veggie
MEAT FREE

Lentil, Vegetable and
Quorn Curry with
Mango Chutney and
Naan (G,E)

Cheese and Potato
Wellington
(G Mk E)

Jacket Potato Day
Cheese (Mk)
Egg Mayo (E Mu)
Coleslaw (E)

Mac n' Cheese
(G,Mk)

Courgette Pepper
and Tomato Layer
Bake
(G Mk Su)

veg
EXTRA GOOD

Sweetcorn
Roasted Courgettes

Steamed Broccoli
Sweetcorn

Chefs salad
Baked Beans

Garden Peas
Roasted Cauliflower

Peas
Baked Beans

Carbs
FUEL FOOD

Steamed Fluffy Rice

Parmantier
Potatoes

Jacket Potatoes

Handmade Garlic
Focaccia Bread
(G,Mk)

Baked Oven Chips

Dessert
SOMETHING SWEET

Orange and
Poppy Seed Cake
(G,Mk,E)

Baked Chocolate
Pudding
(G,Mk,E)

Baked Apple Oaty
Crumble and Custard
(G,So,Mk)

Swiss Roll Sponge
(G,E,Su)

Summer Berry
Flapjack Bake
(G)

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

Orange
APRIL
24th - St George's Day

Yellow
MAY
15th - Vegetarian Week

Green
JUNE
26th - Wimbledon

Purple
JULY
4th - Independence Day

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WEEK 3

29th April 20th May
17th June 8th July

MENU

Eat the
Rainbow

Monday

Tuesday

Wednesday

Thursday

Friday

Mains
HAPPY TUMS

**Chicken Tikka
Masala**

Butchers Pork
Sausages served
with Gravy
(G,Su)

Roast Chicken Stuffing and
Roast Gravy
(G,Mk)

Pepperoni
Focaccia Pizza
(G,Mk,So,E)

Fish Fingers **(G,F)**

Veggie
MEAT FREE

Vegetable Tikka
Masala

Veggie Sausages
served with Gravy
(G,Su,So)

Cheese, Leek and Butternut
Squash Risotto
(Mk)

Margherita
Focaccia Pizza
(G,Mk,E)

Cheese and
Onion Turnover
(G,Mk,E)

veg
EXTRA GOOD

Sweetcorn

Green Beans

Cabbage

Sweetcorn

Peas

Chef's Salad

Garden Peas

Carrots

Coleslaw **(E)**

Baked Beans

Carbs
FUEL FOOD

Fluffy Steamed
Rice

Creamy Mashed
Potato **(Mk)**

Roast Potatoes

Parmentier
Potatoes

Baked Oven Chips

Dessert
SOMETHING SWEET

Lemon Drizzle
(G E)

Mincemeat and
Shortbread Squairs
(G)

Nutless Bakewell Tart
(G,Mk,E)

Raspberry &
Polenta Cake
(G E Mk)

Anzac Biscuits
(G Su)

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

Orange
APRIL
24th - St George's Day

Yellow
MAY
15th - Vegetarian Week

Green
JUNE
26th - Wimbledon

Purple
JULY
4th - Independence Day

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