

WEEK 1

15th April, 6th May,
3rd June, 24th June

MENU



Eat the Rainbow

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Beef Bolognaise
(G)

Katsu Chicken
(G,E,So)

Roasted Turkey
Sage and Onion
Stuffing
(G)

Chicken Burger
In Brioche Bun
(G,E,Mk)

Fish Fingers
(G,F)

Veggie

MEAT FREE

Veg and Minced
Quorn
Bolognaise
(G,E)

Sweet Potato Katsu
(G,Su,Mk,E)

Creamy Vegetable
and Butternut
Squash Pie with a
Shortcrust Top
(G,Mk)

Home made
Vegetable Burger
In Brioche Bun
(G,E,Mk)

Spring Onion
Cheddar and Tomato
Quiche
(G,Se,Mk,E)

veg

EXTRA GOOD

Steamed Broccoli
Garden Peas

Chef's Mixed Salad
Sweetcorn

Carrots
Green Beans

Roasted Courgette
Baked Beans

Peas
Baked Beans

Carbs

FUEL FOOD

Spaghetti
(G)

Steamed Rice

Roasted Potatoes

Potato Wedges

Baked Oven Chips

Dessert

SOMETHING SWEET

Banana Bread
(G,Su,So,Mk,E)

Frosted Ginger Cake
(G,E,Mk)

Eves Pudding
(G,Mk,E)

Chocolate Brownie
with Chocolate Sauce
(G,So,Mk,E)

White Chocolate
Chip and Raspberry
Cookie
(G,E,Mk,So)

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

Orange

APRIL
23rd - St George's Day

Yellow

May
23rd - National Biscuit Day

Green

June
LGBTQ+ Month
5th - World Environment Day

Purple

JULY
4th - World Chocolate Day

ALLERGENS

Ce = Celery
Cr = Crustacean
E = Eggs

F = Fish
G = Cereals
containing Gluten

L = Lupin
Mk = Milk
Mo = Molluscs

Mu = Mustard
N = Nuts
P = Peanuts

Se = Sesame Seeds
So = Soya
Su = Sulphur Dioxide



WEEK 2

22nd April, 13th May,
10th June, 1st July

MENU



Eat the Rainbow

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Chicken Balti with
Mango Chutney and
Naan (G)

Pork and Sausage
Meat Wellington
(G,So,Mk,E)

Jacket Potato Day
Ham
Tuna Mayo (E)
Chicken

Meatballs with Penne
Pasta in a
Tomato Sauce
(G,Mk)

Fish Fingers
(G,F)

Veggie

MEAT FREE

Lentil, Vegetable and
Quorn Curry with
Mango Chutney and
Naan (G,E)

Cheese and Potato
Wellington
(G,Mk,E)

Jacket Potato Day
Cheese (Mk)
Egg Mayo (E)
Coleslaw (E)

Mac n' Cheese
(G,Mk)

Courgette Pepper
and Tomato
Layer Bake
(G,Mk,Su)

veg

EXTRA GOOD

Sweetcorn

Steamed Broccoli

Chefs salad

Garden Peas

Peas

Roasted Courgettes

Sweetcorn

Baked Beans

Roasted Cauliflower

Baked Beans

Carbs

FUEL FOOD

Steamed Fluffy Rice

Parmentier
Potatoes

Jacket Potatoes

Handmade Garlic
Focaccia Bread
(G,Mk)

Baked Oven Chips

Dessert

SOMETHING SWEET

Orange and
Poppy Seed Cake
(G,Mk,E)

Baked Chocolate
Pudding
(G,Mk,E)

Baked Apple Oaty
Crumble and Custard
(G,So,Mk)

Swiss Roll Sponge
(G,E,Su)

Summer Berry
Flapjack Bake
(G)

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

Orange

APRIL

23rd - St George's Day

Yellow

May

23rd - National Biscuit Day

Green

June

LGBTQ+ Month
5th - World Environment Day

Purple

JULY

4th - World Chocolate Day

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WEEK 3

29th April, 20th May,
17th June, 8th July

MENU



Eat the Rainbow

Monday

Tuesday

Wednesday

Thursday

Friday

Mains

HAPPY TUMS

Chicken Tikka
Masala

Butchers Pork
Sausages served
with Gravy
(G,Su)

Roast Chicken
Stuffing and
Roast Gravy
(G,Mk)

Pepperoni
Focaccia Pizza
(G,Mk,So,E)

Fish Fingers
(G,F)

Veggie

MEAT FREE

Vegetable Tikka
Masala

Veggie Sausages
served with Gravy
(G,Su,So)

Cheese, Leek and
Butternut Squash
Risotto
(Mk)

Margherita
Focaccia Pizza
(G,Mk,E)

Cheese and
Onion Turnover
(G,Mk,E)

veg

EXTRA GOOD

Sweetcorn
Chef's Salad

Green Beans
Garden Peas

Cabbage
Carrots

Sweetcorn
Coleslaw **(E)**

Peas
Baked Beans

Carbs

FUEL FOOD

Fluffy Steamed
Rice

Creamy Mashed
Potato **(Mk)**

Roast Potatoes

Parmentier Potatoes

Baked Oven Chips

Dessert

SOMETHING SWEET

Lemon Drizzle
(G,E)

Mincemeat and
Shortbread Squares
(G)

Nutless Bakewell Tart
(G,Mk,E)

Raspberry and
Polenta Cake
(G,E,Mk)

Anzac Biscuits
(G,Su)

Jacket Potatoes, salad bar, cold desserts and fresh fruit available daily.

Orange

APRIL

23rd - St George's Day

Yellow

MAY

23rd - National Biscuit Day

Green

JUNE

LGBTQ+ Month
5th - World Environment Day

Purple

JULY

4th - World Chocolate Day

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